PRO-FORM CITY L6

Serial Number Decal

USER'S MANUAL

CUSTOMER SERVICE
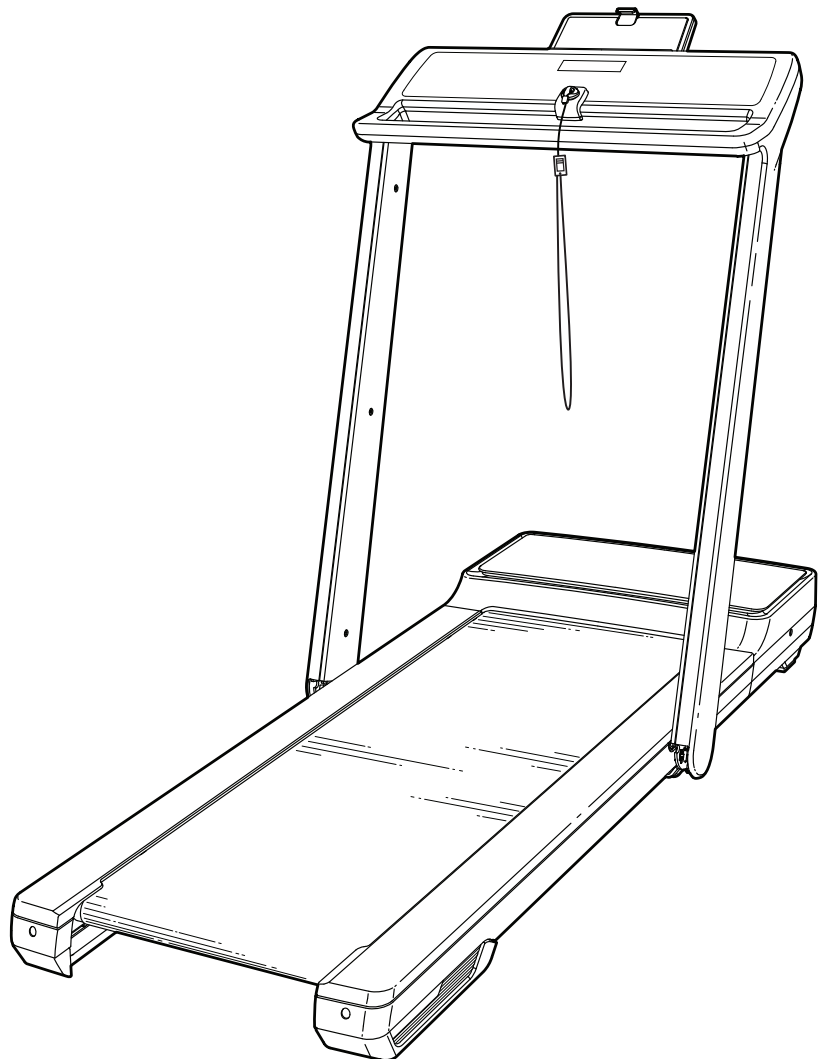
⚠️CAUTION

Read all precautions and instructions in this manual before using this equipment. Keep this manual for future reference.

iconeurope.com

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WARNING DECAL PLACEMENT

This drawing shows the locations of the warning decals. **If a decal is missing or illegible, call the telephone number on the front cover of this manual and request a free replacement decal. Apply the decal in the location shown.** Note: The decals may not be shown at actual size.

⚠ WARNING

Keep hands and fingers clear of this area.

One on each upright.

⚠WARNING

Never stand or store treadmill on end.

⚠WARNING:

Protect yourself and others from risk of serious injury. Read the user's manual, and:

• Stand only on the side rails when starting or stopping treadmill.
• Change speed in small increments.
• Hold handrails to prevent falling, and always wear the safety clip while operating the treadmill.
• Stop if you feel faint, dizzy, or short of breath.
• Fully engage the storage latch before the treadmill is moved or stored.
• Incline should be set to zero before folding the treadmill into a storage position.

• Never allow children on or around the treadmill.
• Remove the safety key when treadmill is not in use.

• Keep clothing, fingers, and hair away from moving parts.
• Never try to adjust or fix the belt while it is moving.
• Always wear athletic shoes while operating the treadmill.

IMPORTANT PRECAUTIONS

⚠ WARNING: To reduce the risk of burns, fire, electric shock, or injury to persons, read all important precautions and instructions in this manual and all warnings on your treadmill before using your treadmill. ICON assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

1. It is the responsibility of the owner to ensure that all users of this treadmill are adequately informed of all warnings and precautions.

2. Before beginning any exercise program, consult your physician. This is especially important for persons over age 35 or persons with pre-existing health problems.

3. The treadmill is not intended for use by persons with reduced physical, sensory, or mental capabilities or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the treadmill by someone responsible for their safety.

4. Use the treadmill only as described in this manual.

5. The treadmill is intended for home use only. Do not use the treadmill in any commercial, rental, or institutional setting.

6. Keep the treadmill indoors, away from moisture and dust. Do not put the treadmill in a garage or covered patio, or near water.

7. Place the treadmill on a level surface, with at least 8 ft. (2.4 m) of clearance behind it and 2 ft. (0.6 m) on each side. Do not place the treadmill on any surface that blocks air openings. To protect the floor or carpet from damage, place a mat under the treadmill.

8. Do not operate the treadmill where aerosol products are used or where oxygen is being administered.

9. Keep children under age 16 and pets away from the treadmill at all times.

10. The treadmill should be used only by persons weighing 242 lbs. (110 kg) or less.

11. Never allow more than one person on the treadmill at a time.

12. Wear appropriate exercise clothes while using the treadmill. Do not wear loose clothes that could become caught in the treadmill. Athletic support clothes are recommended for both men and women. Always wear athletic shoes. Never use the treadmill with bare feet, wearing only stockings, or in sandals.

13. When connecting the power cord (see page 8), plug the power cord into an earthed circuit. No other appliance should be on the same circuit. When replacing the fuse in the power cord adapter, insert an ASTA-approved BS1362, 13-amp fuse into the fuse carrier.

14. If an extension cord is needed, use only a 3-conductor, 14-gauge (2 mm²) cord that is no longer than 5 ft. (1.5 m).

15. Keep the power cord away from heated surfaces.

16. Never move the walking belt while the power is turned off. Do not operate the treadmill if the power cord or plug is damaged, or if the treadmill is not working properly. (See MAINTENANCE AND TROUBLESHOOTING on page 15 if the treadmill is not working properly.)

17. Read, understand, and test the emergency stop procedure before using the treadmill (see HOW TO TURN ON THE POWER on page 10). Always wear the clip while using the treadmill.

18. Always stand on the foot rails when starting or stopping the walking belt. Always hold the handrail while using the treadmill.

19. When a person is walking on the treadmill, the noise level of the treadmill will increase.

20. Keep fingers, hair, and clothing away from the moving walking belt.The treadmill is capable of high speeds. Adjust the speed in small increments to avoid sudden jumps in speed.

21. Never leave the treadmill unattended while it is running. Always remove the key, press the power switch into the off position (see the drawing on page 5 for the location of the power switch), and unplug the power cord when the treadmill is not in use.

22. Do not attempt to move the treadmill until it is properly assembled. (See ASSEMBLY on page 6 and HOW TO FOLD AND MOVE THE TREADMILL on page 14.) You must be able to safely lift 45 lbs. (20 kg) to move the treadmill.

23. When unfolding or using the treadmill, make sure that the console is locked securely in the upright position. Do not operate the treadmill while it is folded.

24. Do not change the incline of the treadmill by placing objects under the treadmill.

25. Never insert any object into any opening on the treadmill.

26. Inspect and properly tighten all parts each time the treadmill is used.

27. **DANGER:** Always unplug the power cord immediately after use, before cleaning the treadmill, and before performing the maintenance and adjustment procedures described in this manual. Never remove the motor hood unless instructed to do so by an authorized service representative. Servicing other than the procedures in this manual should be performed by an authorized service representative only.

28. Over exercising may result in serious injury or death. If you feel faint, if you become short of breath, or if you experience pain while exercising, stop immediately and cool down.
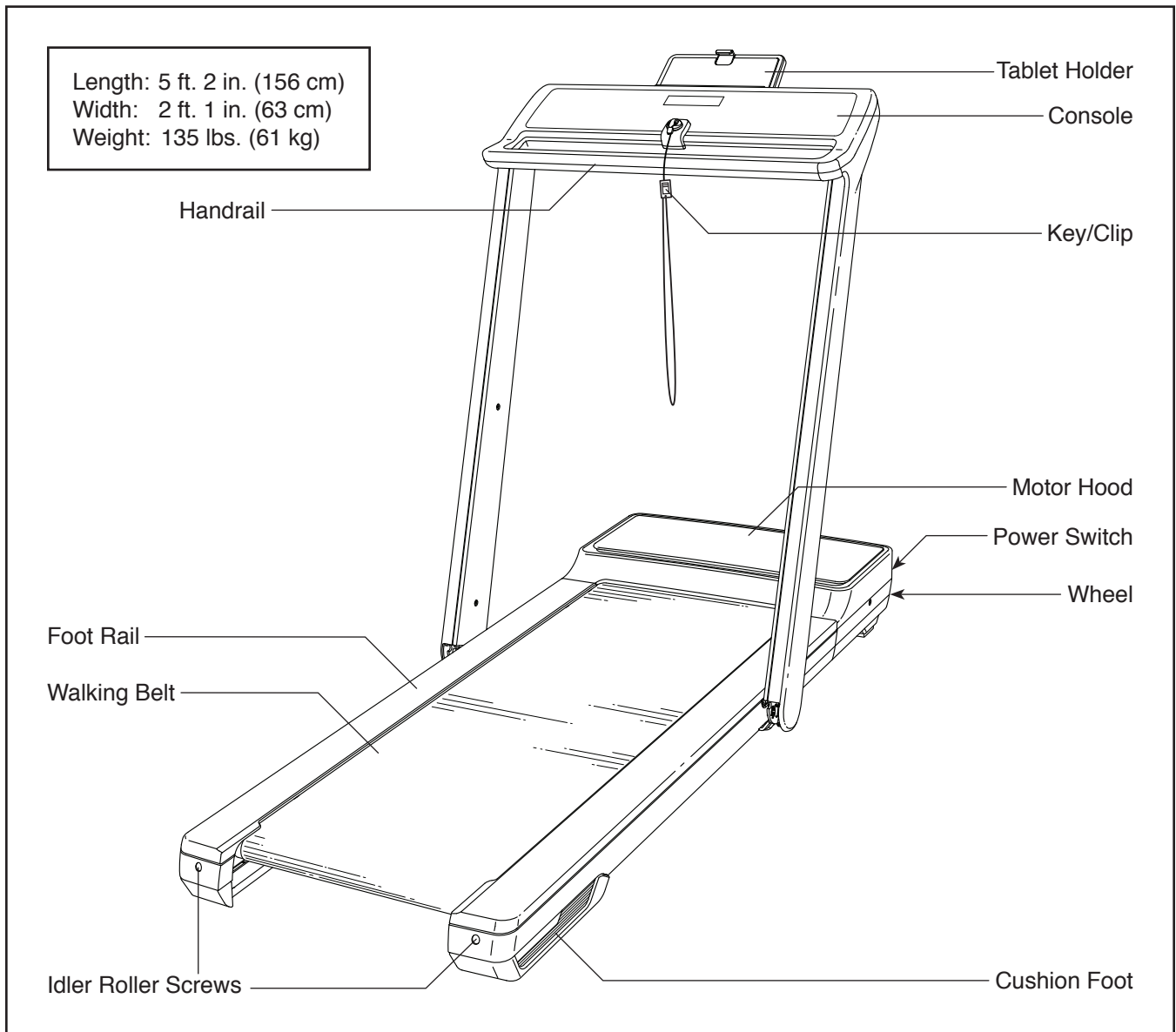
SAVE THESE INSTRUCTIONS

BEFORE YOU BEGIN

Thank you for selecting the new PROFORM® CITY L6 treadmill. The CITY L6 treadmill provides an impressive selection of features designed to make your workouts at home more effective and enjoyable.

For your benefit, read this manual carefully before you use the treadmill. If you have questions after reading this manual, please see the front cover of this manual. To help us assist you, note the product model number and serial number before contacting us. The model number and the location of the serial number decal are shown on the front cover of this manual.

Before reading further, please familiarize yourself with the parts that are labeled in the drawing below.

Length: 5 ft. 2 in. (156 cm)
Width: 2 ft. 1 in. (63 cm)
Weight: 135 lbs. (61 kg)

Tablet Holder

Console

Handrail

Key/Clip

Motor Hood

Power Switch

Wheel

Foot Rail

Walking Belt

Idler Roller Screws

Cushion Foot

ASSEMBLY

- Remove the packing materials. Do not dispose of the packing materials until you finish the assembly steps.

- After shipping, there may be an oily substance on the exterior of the treadmill. This is normal. If there is an oily substance on the treadmill, wipe it off with a soft cloth and a mild, non-abrasive cleaner.

1. **To register your product and activate your warranty in the UK,** go to iconsupport.eu. If you do not have internet access, call Customer Service (see the front cover of this manual).

   To register your product and activate your warranty in Australia, email or post the following information to the email address or postal address on the front cover of this manual.
   - your receipt (make sure to keep a copy)
   - your name, address, and telephone number
   - the model number, serial number, and name of your product (see the front cover of this manual)

2. **Make sure that the power cord is unplugged.**

   Using your foot, press down the lever on the Latch Frame (59) and raise the Uprights (50, 53) until they lock into the upright position. **Be careful not to pinch hands or fingers.**
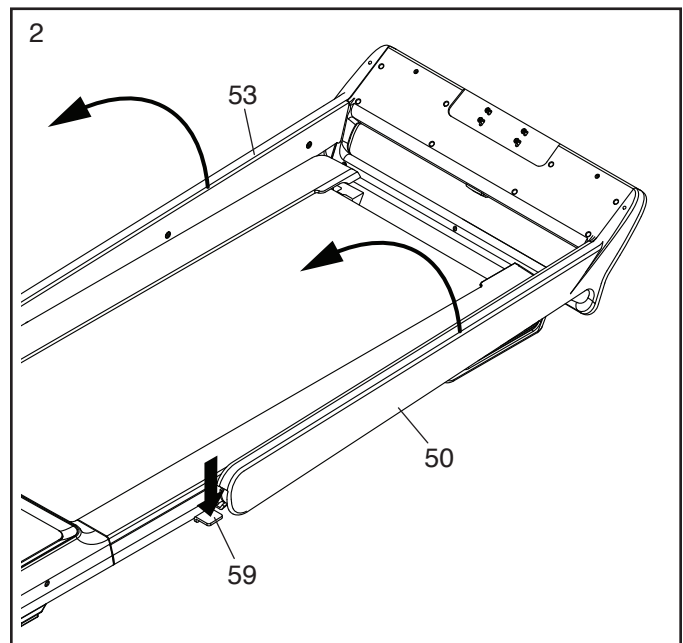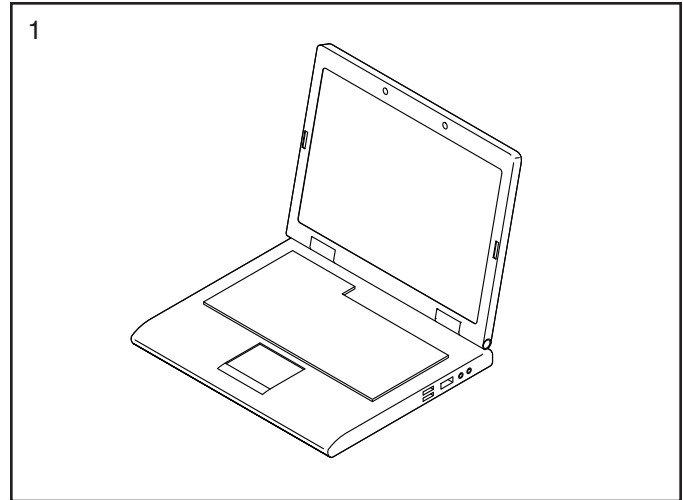
3. Orient the Tablet Holder (62) as shown. Align and insert the heads of the four indicated #8 x 3/4" Shoulder Screws (15) into the four holes in the Tablet Holder. Next, slide the Tablet Holder downward until it snaps into place.
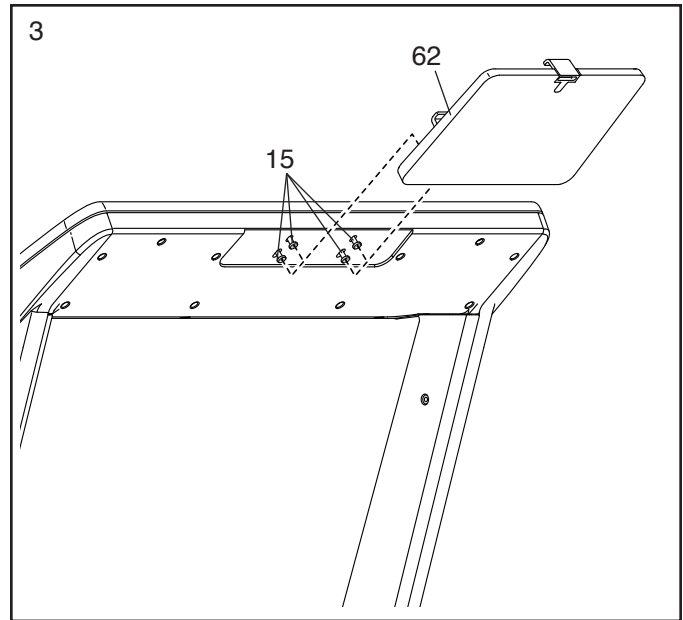
4. **Make sure that all parts are properly tightened before you use the treadmill.** If there are sheets of plastic on the treadmill decals, remove the plastic. To protect the floor or carpet, place a mat under the treadmill. To avoid damage to the console, keep the treadmill out of direct sunlight. Keep the included hex keys in a secure place; one of the hex keys is used to adjust the walking belt (see pages 16 and 17). Note: Extra hardware may be included.

HOW TO USE THE TREADMILL

HOW TO PLUG IN THE POWER CORD

This product must be earthed. If it should malfunction or break down, earthing provides a path of least resistance for electric current to reduce the risk of electric shock. This product's power cord has an equipment-earthing conductor and an earthing plug. **IMPORTANT: If the power cord is damaged, it must be replaced with a manufacturer-recommended power cord.**

⚠ DANGER: Improper connection of the equipment-earthing conductor can result in an increased risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly earthed. Do not modify the plug provided with the product—if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

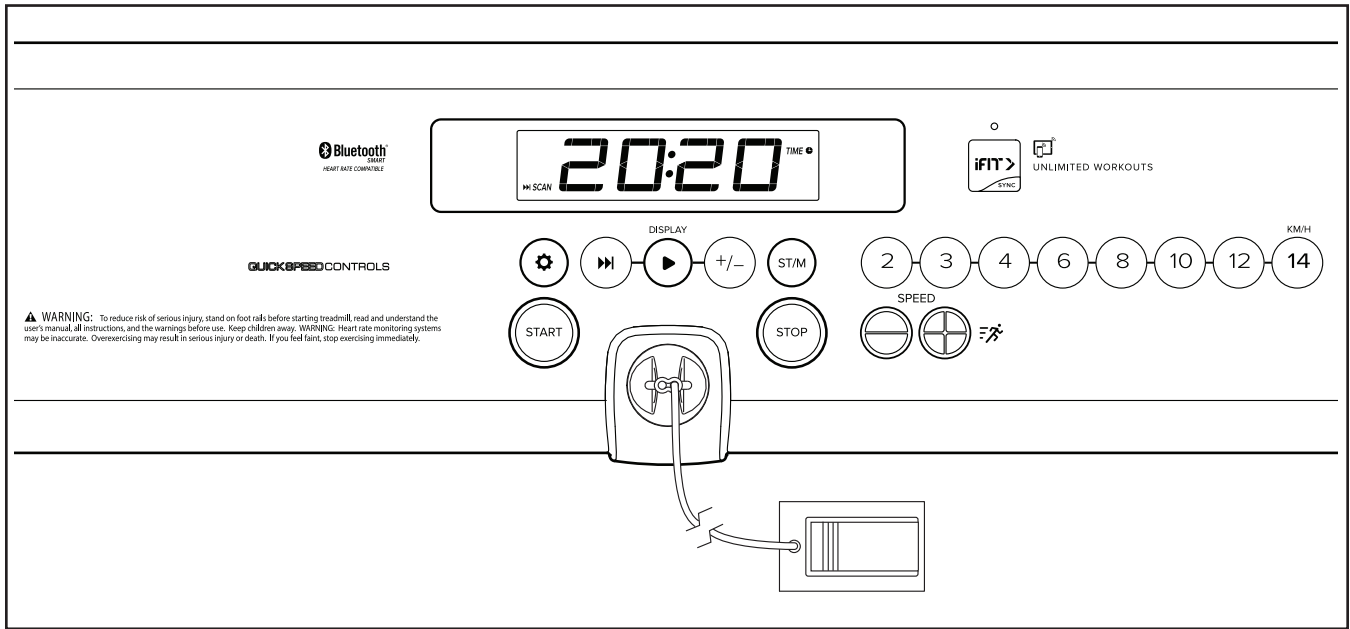## Follow the steps below to plug in the power cord.

1. Plug the indicated end of the power cord (A) into the socket (B) on the treadmill.
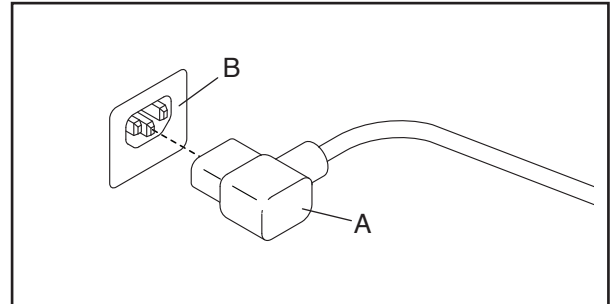
2. Plug the power cord into an appropriate outlet (C) that is properly installed and earthed in accordance with all local codes and ordinances.
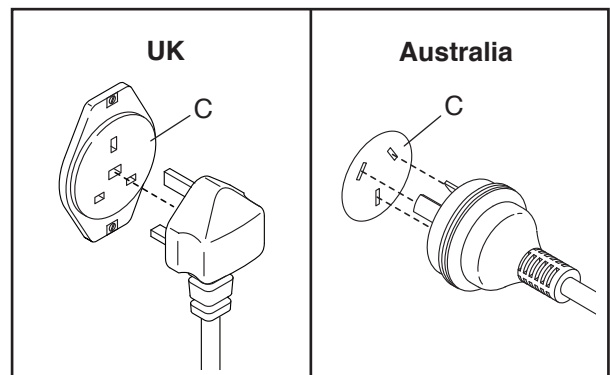
CONSOLE DIAGRAM

FEATURES OF THE CONSOLE

The treadmill console offers a selection of features designed to make your workouts more effective and enjoyable. When you use the manual mode, you can change the speed of the treadmill with the touch of a button. As you exercise, the console will display instant exercise feedback. You can also measure your heart rate using a compatible wearable heart rate monitor. **See page 13 for information about purchasing an optional wearable heart rate monitor.**

You can also connect your tablet to the console and use the iFit® app to record and track your workout information.

To turn on the power, see page 10. **To use the manual mode,** see page 10. **To connect your tablet to the console,** see page 12. **To connect a heart rate monitor to the console,** see page 12.

Note: The console can display speed and distance in either miles or kilometers. To change the unit of measurement, press the ST/M button.

IMPORTANT: If there are sheets of plastic on the console, remove the plastic. To prevent damage to the walking platform, wear clean athletic shoes while using the treadmill. The first time you use the treadmill, observe the alignment of the walking belt, and center the walking belt if necessary (see page 16).
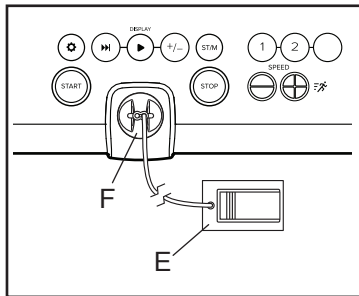
HOW TO TURN ON THE POWER

IMPORTANT: If the treadmill has been exposed to cold temperatures, allow it to warm to room temperature before you turn on the power. If you do not do this, you may damage the console displays or other electrical components.

Plug in the power cord (see page 8). Next, locate the power switch on the treadmill frame near the power cord. Press the power switch into the reset position (D).
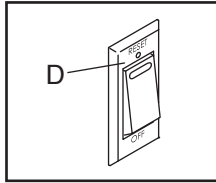
Next, stand on the foot rails of the treadmill. Find the clip (E) attached to the key (F) and slide the clip onto the waistband of your clothes. Then, insert the key into the console. After a moment, the displays will light. **IMPORTANT: In an emergency, the key can be pulled from the console, causing the walking belt to slow to a stop. Test the clip by carefully taking a few steps backward; if the key is not pulled from the console, adjust the position of the clip.**

HOW TO USE THE MANUAL MODE

1. **Insert the key into the console.**

    See HOW TO TURN ON THE POWER at the left.

2. **Start the walking belt.**

    To start the walking belt, press the Start button or one of the numbered Speed buttons.

    If you press the Start button, the walking belt will begin to move at a low speed. As you exercise, change the speed of the walking belt as desired by pressing the Speed increase and decrease buttons. Each time you press one of the buttons, the speed setting will change in small increments; if you hold down the button, the speed setting will change more quickly. Note: After you press the button, it may take a moment for the walking belt to reach the selected speed setting.

    If you press one of the numbered Speed buttons, the walking belt will gradually change speed until it reaches the selected speed setting.

    To stop the walking belt, press the Stop button. The time will begin to flash in the display. To restart the walking belt, press the Start button.

3. **Follow your progress with the displays.**

The display can show the following workout information:

Calories (CALS)—The approximate number of calories you have burned.

Calories per Hour (CALS/HR)—The approximate number of calories you are burning per hour.

Distance (MI or KM)—The distance that you have walked or run in miles or kilometers. To change the unit of measurement, press the ST/M button.
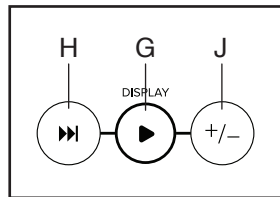
Pace—Your speed in minutes per mile or minutes per kilometer.

Pulse (BPM and heart symbol)—Your heart rate when you use a compatible heart rate monitor (see page 12).

Speed (MPH or KPH)—Your speed in miles per hour or kilometers per hour.

Time—The elapsed time.

Press the Display button (G) repeatedly to view the desired workout information in the display.

Scan mode—The console also has a scan mode that will display workout information in a repeating cycle. **To turn on the scan mode,** press the Scan button (H); the scan indicator (I) will turn on in the display.

To manually advance the scan cycle, press the Scan button repeatedly.

To turn off the scan mode, press the Display button; the scan indicator and the word SCAN will turn off.

You can also customize the scan mode to display only the desired workout information in the repeating cycle.

To customize the scan mode, first press the Display button repeatedly until the workout information that you want to add to or remove from the scan cycle appears in the display.

Next, press the +/- button (J) to add or remove that workout information from the scan cycle. **When workout information is added,** its indicator will turn on in the display. **When workout information is removed,** its indicator will turn off.

Then, press the Scan button to turn on the scan mode.

To reset the displays, press the Stop button twice, remove the key, and then reinsert the key.

4. **When you are finished exercising, remove the key from the console.**

When you are finished using the treadmill, step onto the foot rails and press the Stop button. Next, remove the key from the console and put it in a secure place.

Then, press the power switch into the off position and unplug the power cord. **IMPORTANT: If you do not do this, the treadmill's electrical components may wear prematurely.**

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HOW TO CONNECT YOUR TABLET TO THE CONSOLE

The console supports Bluetooth connections to tablets via the iFit—Workouts at Home app and to compatible heart rate monitors. Note: Other Bluetooth connections are not supported.

1. **Download and install the iFit—Workouts at Home app on your tablet.**

   On your iOS® or Android™ tablet, open the App Store℠ or the Google Play™ store, search for the free iFit—Workouts at Home app, and then install the app on your tablet. **Make sure that the Bluetooth option is enabled on your tablet.**

   Then, open the iFit—Workouts at Home app and follow the instructions to set up an iFit account and customize settings.

2. **Connect a heart rate monitor to the console if desired.**

   If you are connecting both a heart rate monitor and your tablet to the console, **you must connect your heart rate monitor before you connect your tablet.** See HOW TO CONNECT A HEART RATE MONITOR TO THE CONSOLE at the right.

3. **Connect your tablet to the console.**

   Press the iFit Sync button on the console; the console pairing number will appear in the display. Then, follow the instructions in the iFit—Workouts at Home app to connect your tablet to the console.

   When a connection is established, the LED on the console will turn solid blue.

4. **Record and track your workout information.**

   Follow the instructions in the iFit—Workouts at Home app to record and track your workout information.

5. **Disconnect your tablet from the console if desired.**

   To disconnect your tablet from the console, first select the disconnect option in the iFit—Workouts at Home app. Then, press and hold the iFit Sync button on the console until the LED on the console turns solid green.

   Note: All Bluetooth connections between the console and other devices (including any tablets, heart rate monitors, and so forth) will be disconnected.

HOW TO CONNECT A HEART RATE MONITOR TO THE CONSOLE

The console is compatible with Bluetooth Smart heart rate monitors. **For information about purchasing an optional wearable heart rate monitor, see page 13.**

To connect your Bluetooth Smart heart rate monitor to the console, press the iFit Sync button on the console; the console pairing number will appear in the display. When a connection is established, the LED on the console will flash red twice.

Note: If there is more than one compatible heart rate monitor near the console, the console will connect to the heart rate monitor with the strongest signal.

To disconnect your heart rate monitor from the console, press and hold the iFit Sync button on the console until the LED on the console turns solid green.

Note: All Bluetooth connections between the console and other devices (including any tablets, heart rate monitors, and so forth) will be disconnected.

HOW TO USE THE TABLET HOLDER

IMPORTANT: The tablet holder (K) is designed for use with most full-size tablets. Do not place any other electronic device or object in the tablet holder.

To insert a tablet into the tablet holder (K), set the bottom edge of the tablet in the tray. Then, pull the clip over the top edge of the tablet. **Make sure that the tablet is firmly secured in the tablet holder.** Reverse these actions to remove the tablet from the tablet holder.
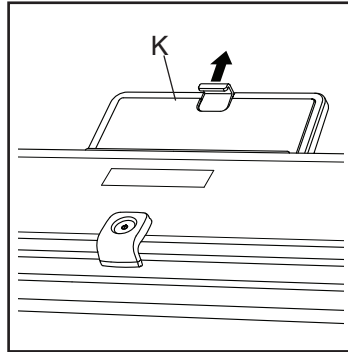
THE OPTIONAL HEART RATE MONITOR

Whether your goal is to burn fat or to strengthen your cardiovascular system, the key to achieving the best results is to maintain the proper heart rate during your workouts. The optional wearable heart rate monitor will enable you to continuously monitor your heart rate while you exercise, helping you to reach your personal fitness goals. **To purchase a wearable heart rate monitor, please see the front cover of this manual.**
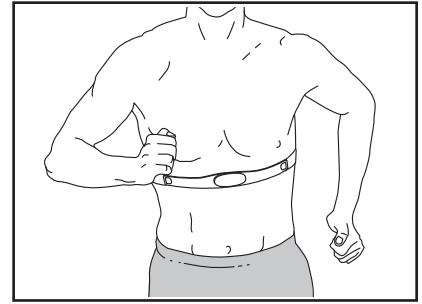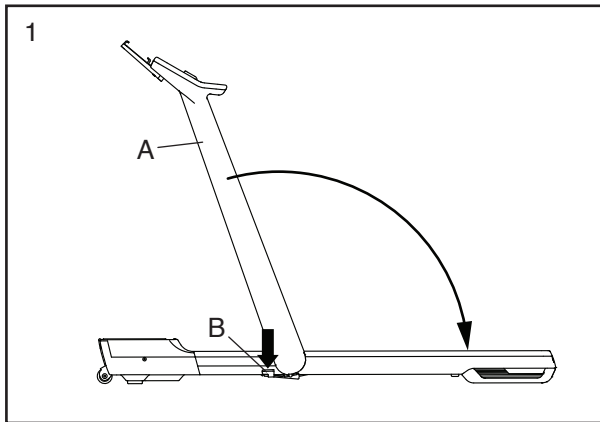
Note: The console is compatible with Bluetooth Smart heart rate monitors.

HOW TO FOLD AND MOVE THE TREADMILL

HOW TO FOLD THE TREADMILL

**Remove the key and unplug the power cord.**

1. Hold the uprights (A) firmly. Step on the storage lever (B) and carefully lower the uprights. **CAUTION: Be careful not to pinch hands or fingers.**

HOW TO MOVE THE TREADMILL

Before moving the treadmill, **remove the key and unplug the power cord. CAUTION: You must be able to safely lift 45 lbs. (20 kg) to raise, lower, or move the treadmill.**

1. Firmly grasp the rear (A) of the treadmill and raise it until the treadmill rolls on the wheels (B).Then, carefully roll the treadmill to the desired location and lower it to the level position. **CAUTION: To reduce the risk of injury, use extreme caution while moving the treadmill. Do not attempt to move the treadmill over uneven surfaces.**
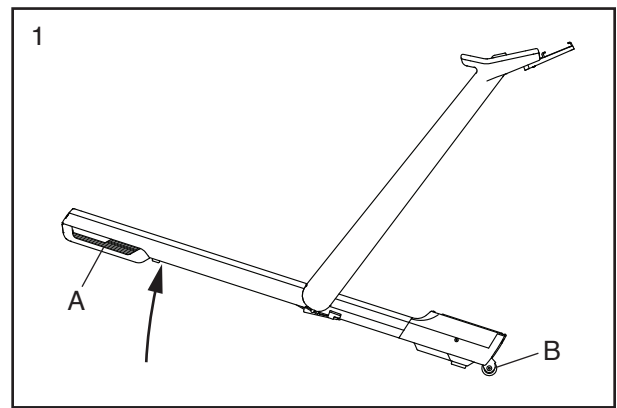
To protect the floor or carpet, place a mat under the treadmill. Keep the treadmill out of direct sunlight.

MAINTENANCE AND TROUBLESHOOTING

MAINTENANCE

Regular maintenance is important for optimal performance and to reduce wear. Inspect and properly tighten all parts each time the treadmill is used. Replace any worn parts immediately.

Regularly clean the treadmill and keep the walking belt clean and dry. First, **press the power switch into the off position and unplug the power cord.** Wipe exterior parts of the treadmill with a damp cloth and a small amount of mild soap. **IMPORTANT: Do not spray liquids directly onto the treadmill. To avoid damage to the console, keep liquids away from the console.** Then, thoroughly dry the treadmill with a soft towel.

TROUBLESHOOTING

Most treadmill problems can be solved by following the simple steps below. Find the symptom that applies, and follow the steps listed. If further assistance is needed, see the front cover of this manual.

SYMPTOM: The power does not turn on

a. Make sure that the power cord is plugged into a properly earthed outlet (see page 8). If an extension cord is needed, use only a 3-conductor, 14-gauge (2 mm^2) cord that is no longer than 5 ft. (1.5 m).

b. After the power cord has been plugged in, make sure that the key is inserted into the console.

c. Check the power switch located on the treadmill frame near the power cord. If the switch protrudes as shown (A), the switch has tripped. To reset the power switch, wait for five minutes and then press the switch back in (B).
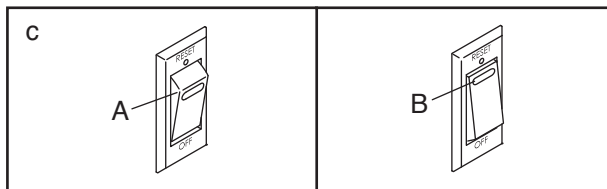
### SYMPTOM: The power turns off during use

a. Check the power switch (see drawing c at the left). If the switch has tripped, wait for five minutes and then press the switch back in.

b. Make sure that the power cord is plugged in. If the power cord is plugged in, unplug it, wait for five minutes, and then plug it back in.

c. Remove the key from the console, and then reinsert it.

d. If the treadmill still will not run, please see the front cover of this manual.

SYMPTOM: The displays of the console do not function properly

a. Remove the key from the console and **UNPLUG THE POWER CORD.** Next, remove the five #8 x 3/4" Screws (3), and carefully pivot off the Motor Hood (39).
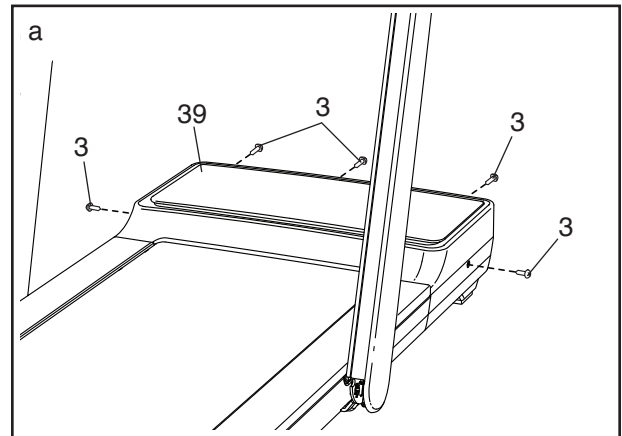
Next, locate the Reed Switch (8) and the Magnet (65) on the left side of the Pulley (31). Turn the Pulley until the Magnet is aligned with the Reed Switch. **Make sure that the gap between the Magnet and the Reed Switch is about 3 mm (1/8 in.).** If necessary, loosen the #8 x 3/4" Screw (3), move the Reed Switch slightly, and then retighten the Screw. Reattach the Motor Hood (39) (see page 15), and walk on the treadmill for a few minutes to check for a correct speed reading.

Top View

3 mm
3
8
31
65
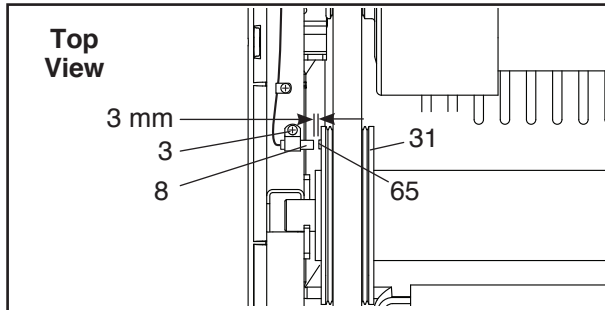
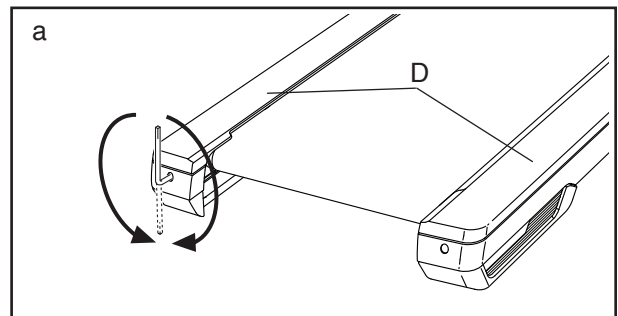**SYMPTOM: The walking belt slows when walked on**

a. If an extension cord is needed, use only a 3-conductor, 14-gauge (2 mm²) cord that is no longer than 5 ft. (1.5 m).

b. If the walking belt is overtightened, treadmill performance may decrease and the walking belt may become damaged. Remove the key and **UNPLUG THE POWER CORD.** Using the hex key, turn both idler roller screws (C) counterclockwise, 1/4 of a turn. When the walking belt is properly tightened, you should be able to lift each edge of the walking belt 2 to 3 in. (5 to 7 cm) off the walking platform. Be careful to keep the walking belt centered. Then, plug in the power cord, insert the key, and walk on the treadmill for a few minutes. Repeat until the walking belt is properly tightened.

b

2–3 in.

C
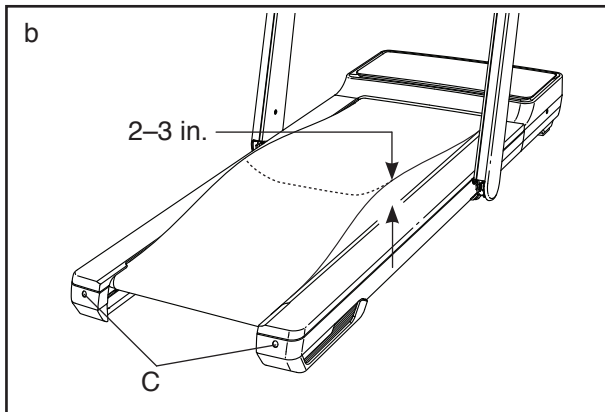
c. Your treadmill features a walking belt coated with high-performance lubricant. **IMPORTANT: Never apply silicone spray or other substances to the walking belt or the walking platform unless instructed to do so by an authorized service representative. Such substances may deteriorate the walking belt and cause excessive wear.** If you suspect that the walking belt needs more lubricant, see the front cover of this manual.

d. If the walking belt still slows when walked on, see the front cover of this manual.

SYMPTOM: The walking belt is not centered between the foot rails

a. **IMPORTANT: If the walking belt rubs against the foot rails (D), the walking belt may become damaged.** First, remove the key and **UNPLUG THE POWER CORD. If the walking belt has shifted to the left,** use the hex key to turn the left idler roller screw clockwise 1/2 of a turn; **if the walking belt has shifted to the right,** turn the left idler roller screw counterclockwise 1/2 of a turn. Be careful not to overtighten the walking belt. Then, plug in the power cord, insert the key, and walk on the treadmill for a few minutes. Repeat until the walking belt is centered.

a

D

SYMPTOM: The walking belt slips when walked on

a. First, remove the key and **UNPLUG THE POWER CORD.** Using the hex key, turn both idler roller screws clockwise, 1/4 of a turn. When the walking belt is correctly tightened, you should be able to lift each edge of the walking belt 2 to 3 in. (5 to 7 cm) off the walking platform. Be careful to keep the walking belt centered. Then, plug in the power cord, insert the key, and walk on the treadmill for a few minutes. Repeat until the walking belt is properly tightened.
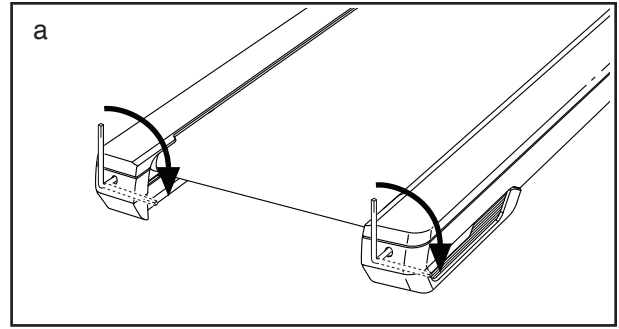
EXERCISE GUIDELINES

⚠ WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for persons over age 35 or persons with pre-existing health problems.

These guidelines will help you to plan your exercise program. For detailed exercise information, obtain a reputable book or consult your physician. Remember, proper nutrition and adequate rest are essential for successful results.

EXERCISE INTENSITY

Whether your goal is to burn fat or to strengthen your cardiovascular system, exercising at the proper intensity is the key to achieving results. You can use your heart rate as a guide to find the proper intensity level. The chart below shows recommended heart rates for fat burning and aerobic exercise.

|							
165	155	145	140	130	125	115	🖤
145	138	130	125	118	110	103	♥
125	120	115	110	105	95	90	♥
20	30	40	50	60	70	80	

To find the proper intensity level, find your age at the bottom of the chart (ages are rounded off to the nearest ten years). The three numbers listed above your age define your "training zone." The lowest number is the heart rate for fat burning, the middle number is the heart rate for maximum fat burning, and the highest number is the heart rate for aerobic exercise.

Burning Fat—To burn fat effectively, you must exercise at a low intensity level for a sustained period of time. During the first few minutes of exercise, your body uses carbohydrate calories for energy. Only after the first few minutes of exercise does your body begin to use stored fat calories for energy. If your goal is to burn fat, adjust the intensity of your exercise until your heart rate is near the lowest number in your training zone. For maximum fat burning, exercise with your heart rate near the middle number in your training zone.

Aerobic Exercise—If your goal is to strengthen your cardiovascular system, you must perform aerobic exercise, which is activity that requires large amounts of oxygen for prolonged periods of time. For aerobic exercise, adjust the intensity of your exercise until your heart rate is near the highest number in your training zone.

HOW TO MEASURE YOUR HEART RATE

To measure your heart rate, exercise for at least four minutes. Then, stop exercising and place two fingers on your wrist as shown. Take a six-second heartbeat count, and multiply the result by 10 to find your heart rate. For example, if your six-second heartbeat count is 14, your heart rate is 140 beats per minute.
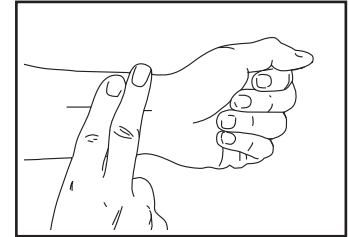
WORKOUT GUIDELINES

Warming Up—Start with 5 to 10 minutes of stretching and light exercise. A warm-up increases your body temperature, heart rate, and circulation in preparation for exercise.

Training Zone Exercise—Exercise for 20 to 30 minutes with your heart rate in your training zone. (During the first few weeks of your exercise program, do not keep your heart rate in your training zone for longer than 20 minutes.) Breathe regularly and deeply as you exercise; never hold your breath.

Cooling Down—Finish with 5 to 10 minutes of stretching. Stretching increases the flexibility of your muscles and helps to prevent post-exercise problems.

EXERCISE FREQUENCY

To maintain or improve your condition, complete three workouts each week, with at least one day of rest between workouts. After a few months of regular exercise, you may complete up to five workouts each week, if desired. Remember, the key to success is to make exercise a regular and enjoyable part of your everyday life.

PART LIST

Key No.	Qty.	Description	Key No.	Qty.	Description
1	4	#8 x 3/4" Tek Screw	36	1	Right Cushion Foot
2	30	#8 x 3/4" Pan Head Screw	37	1	Left Cushion Foot
3	23	#8 x 3/4" Screw	38	1	Idler Roller
4	6	#8 x 1/2" Screw	39	1	Motor Hood
5	12	#8 x 5/8" Screw	40	1	Motor Hood Cover
6	3	1/4" x 2 1/2" Screw	41	1	Controller
7	7	#8 x 1/2" Pan Head Screw	42	1	Electronics Bracket
8	1	Reed Switch	43	7	Wire Tie
9	4	#8 Belt Guide Screw	44	1	Storage Warning Decal
10	2	1/4" Motor Screw	45	1	Power Switch
11	6	M8 x 60mm Screw	46	1	Power Cord
12	2	3/8" x 1 3/8" Bolt	47	1	Receptacle
13	8	M8 x 12mm Screw	48	1	Belly Pan
14	2	M8 x 20mm Screw	49	1	Left Outside Upright Cover
15	4	#8 x 3/4" Shoulder Screw	50	1	Left Upright
16	2	#8 Star Washer	51	1	Left Inside Upright Cover
17	2	M8 Nut	52	1	Right Inside Upright Cover
18	2	3/8" Nut	53	1	Right Upright
19	1	1/4" Nut	54	1	Right Outside Upright Cover
20	5	Hood Clip	55	1	Upright Wire
21	1	Clamp	56	1	Warning Decal
22	1	Left Frame Rail	57	2	Hand Warning Decal
23	1	Right Frame Rail	58	2	Spring
24	1	Left Foot Rail	59	1	Latch Frame
25	1	Right Foot Rail	60	1	Upright Grommet
26	1	Walking Platform	61	1	Console
27	1	Walking Belt	62	1	Tablet Holder
28	6	Plastic Spacer	63	1	Console Base
29	2	Belt Guide	64	1	Console Frame
30	2	Frame Pad	65	1	Magnet
31	1	Front Roller/Pulley	66	2	Motor Bushing
32	2	Wheel	67	1	Motor Isolator
33	1	Drive Motor	68	1	Filter
34	1	Motor Belt	*	–	User's Manual
35	1	Frame			

Note: Specifications are subject to change without notice. For information about ordering replacement parts, see the back cover of this manual. *These parts are not illustrated.
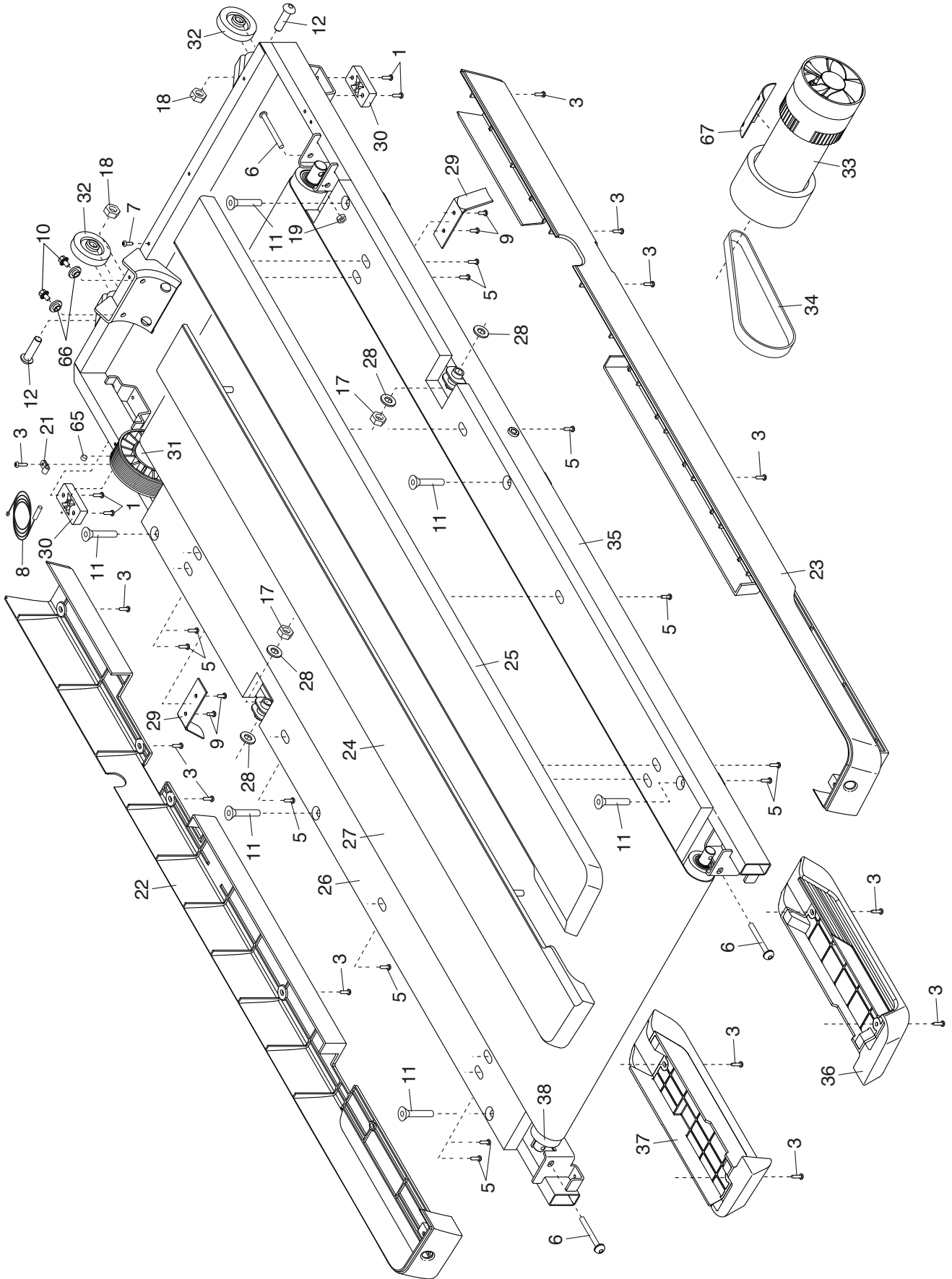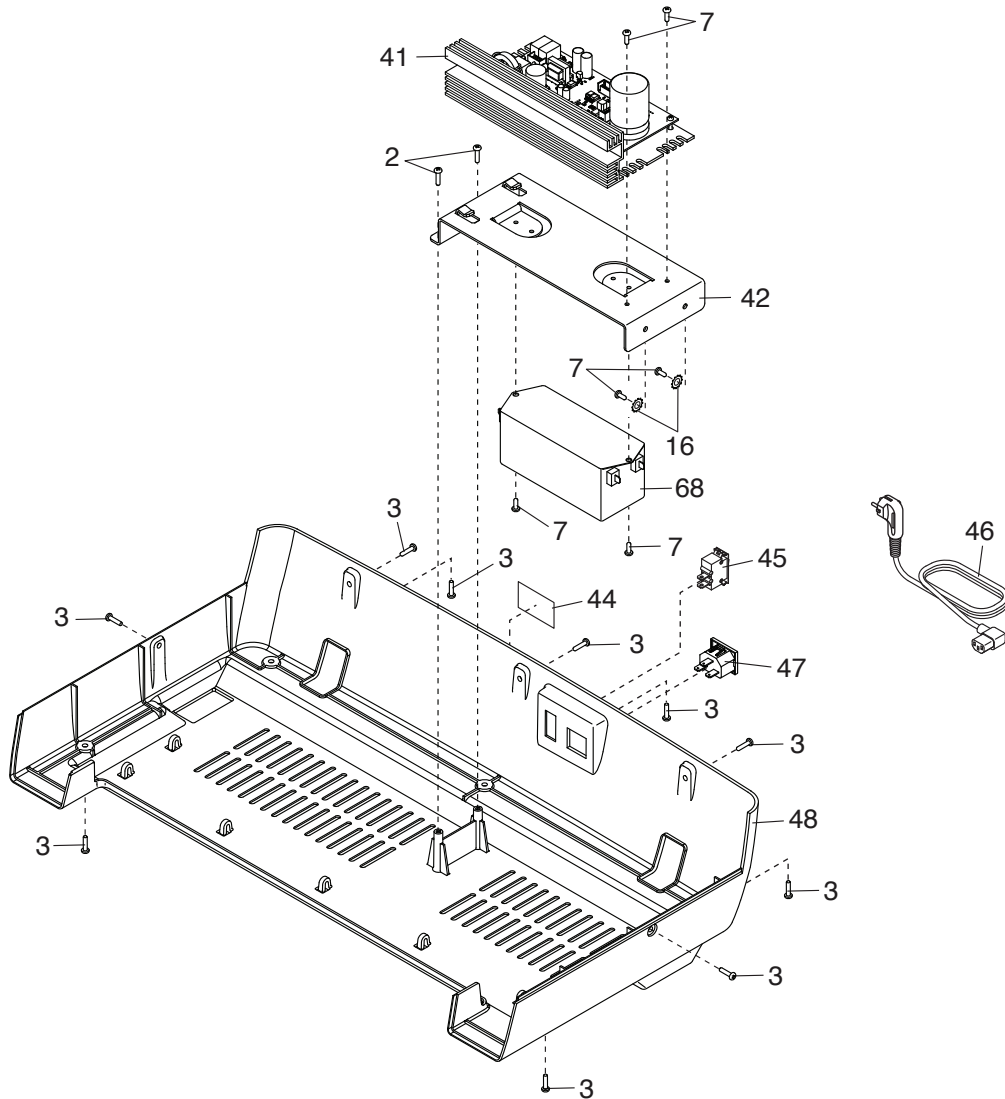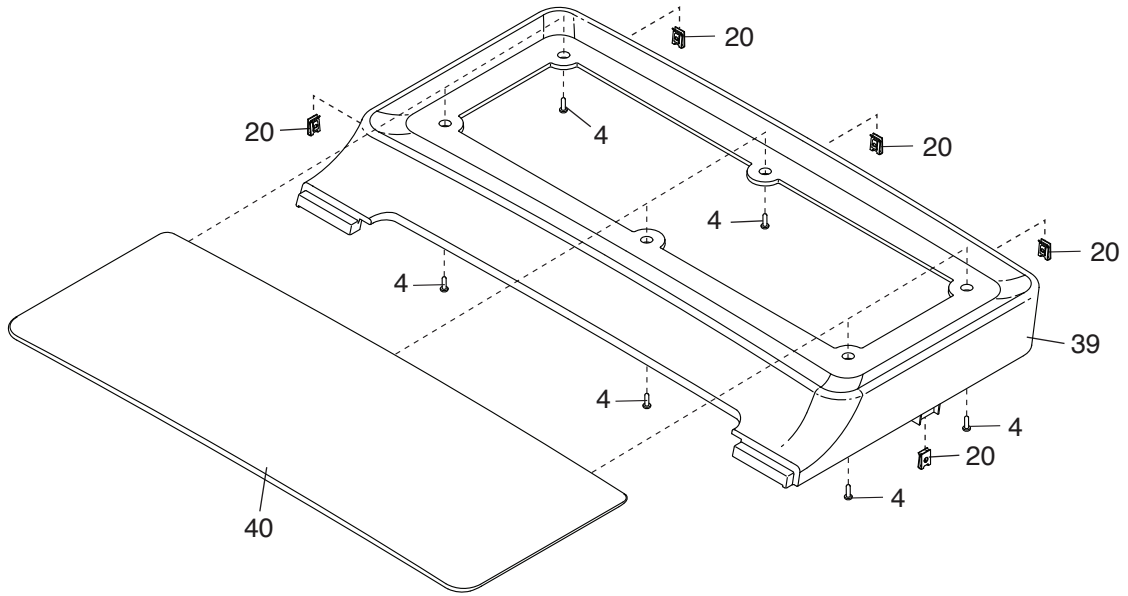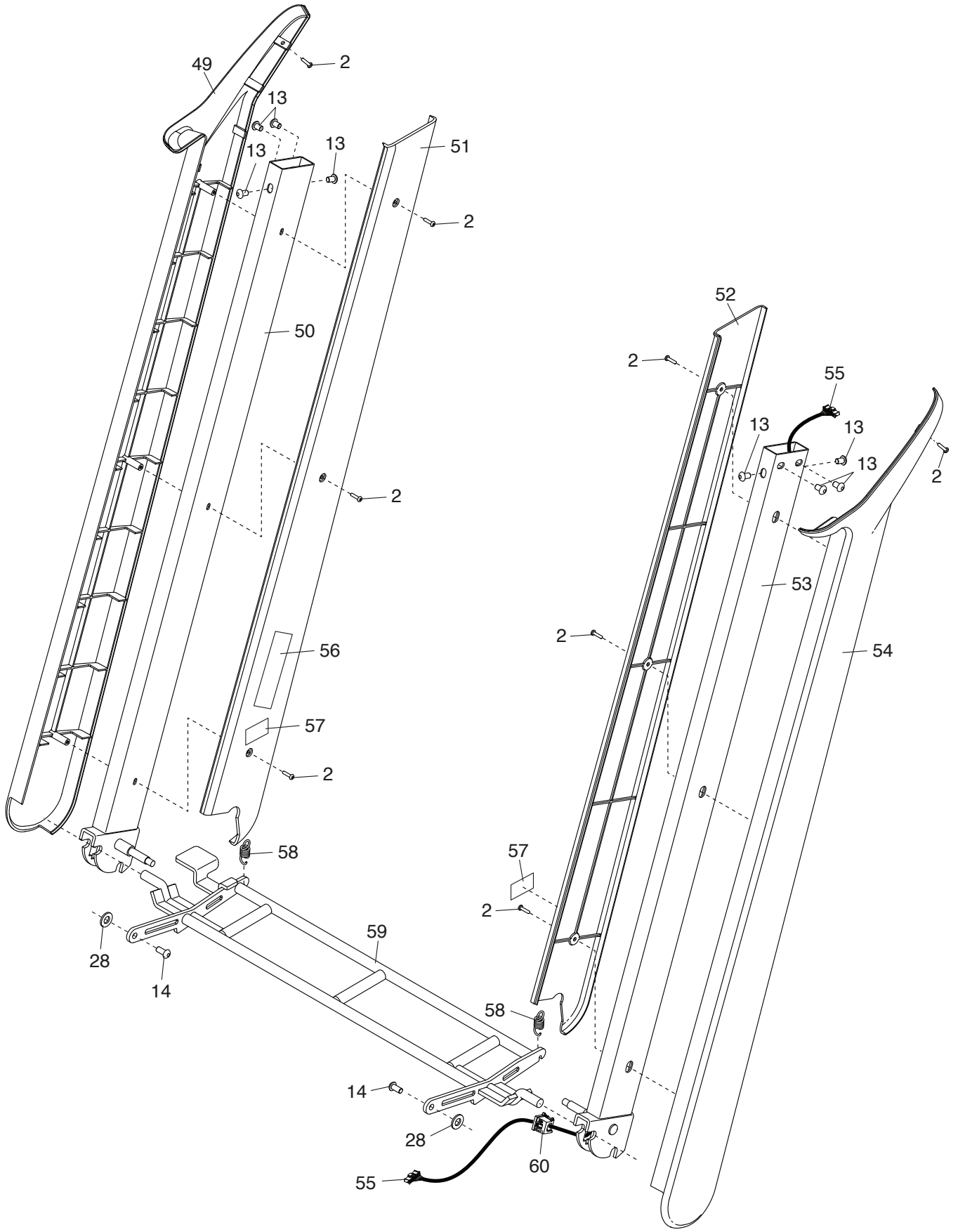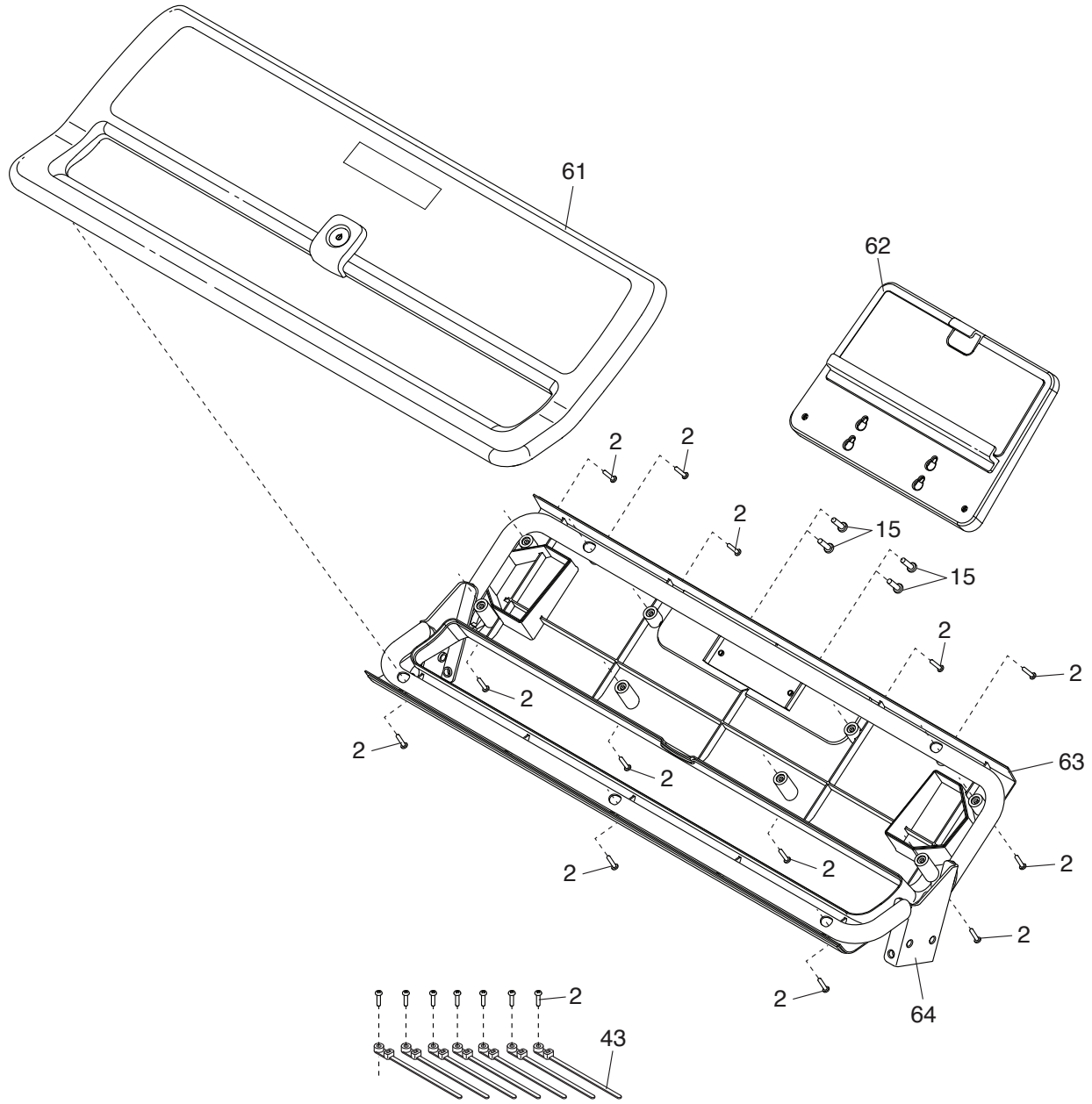
ORDERING REPLACEMENT PARTS

To order replacement parts, please see the front cover of this manual. To help us assist you, be prepared to provide the following information when contacting us:

• the model number and serial number of the product (see the front cover of this manual)

• the name of the product (see the front cover of this manual)

• the key number and description of the replacement part(s) (see the PART LIST and the EXPLODED DRAWING near the end of this manual)

RECYCLING INFORMATION

This electronic product must not be disposed of in municipal waste. To preserve the environment, this product must be recycled after its useful life as required by law.

Please use recycling facilities that are authorized to collect this type of waste in your area. In doing so, you will help to conserve natural resources and improve European standards of environmental protection. If you require more information about safe and correct disposal methods, please contact your local city office or the establishment where you purchased this product.